



Contemporary School Psychology
Instruments for Dual-Factor Mental Health Screening in Elementary Schools:
Implications in Mental Health Classification, Online Supplemental Material

Student Survey At my school...I feel

About me...	
At school I am in...	Grade 3 <input type="radio"/> Grade 4 <input type="radio"/> Grade 5 <input type="radio"/>

Practice	No, never	Yes, <u>some</u> of the time	Yes, <u>most</u> of the time	Yes, <u>all</u> of the time
Which circle says, "No, never?"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Which circle says, "Yes, <u>some</u> of the time?"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Which circle says, "Yes, <u>most</u> of the time?"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Instructions

These questions ask about how you feel at school. This is not a test. There are no right or wrong answers. Choose the answer that is closest to how you feel.

How do you feel when you are at school?		No, never	Yes, <u>some</u> of the time	Yes, <u>most</u> of the time	Yes, <u>all</u> of the time
1	Do you feel thankful to go to your school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	Are you thankful to have nice teachers at your school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	Do you feel positive that good things will happen to you at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



How do you feel when you are at school?		No, never	Yes, <u>some</u> of the time	Yes, <u>most</u> of the time	Yes, <u>all</u> of the time
4	Do you expect that you will feel happy during class time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	Do you wake up in the morning excited to go to school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	Do you get excited when you are doing your classwork?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	When you get a low grade or test score, do you try even harder the next time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	Do you keep doing your class assignments even when they are really hard for you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you feel?		Never	Sometimes	Often	Always
9	I feel lonely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	I am unhappy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	How often do you worry?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	How often do you cry?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	I worry when I am at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	I am shy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Scoring

Social Emotional Health Survey-Primary (SEHS-P) Brief Total Raw Score

0 = No, never

1 = Yes, some of the time

2 = Yes, most of the time

3 = Yes, all of the time

Social Emotional Health Survey Primary (Brief Total Raw Score (range 0-24))

1	2	3	4	5	6	7	8	Sum

Me and my School (M&Ms) Brief Total Raw Score

0 = Never

1 = Sometimes

2 = Often

3 = Always

Me and My School (Brief) Total Raw Score (range 0-18)

1	2	3	4	5	6	Sum



Frequency of SEHS-P (Brief) x M&Ms (Brief) Response Patterns in Study Sample N - 1776

		Me and My School (Brief)																			N
		0	1	2	25th	4	50th	6	7	8	9	10	11	12	13	14	15	16	17	18	
Social Emotional Health Survey Primary (Brief)	24	10	9	7	11	9	2	4	1	3	2	1						1		60	
	23	2	6	16	11	10	3	4	3	1			1		1					58	
	22	8	6	15	10	10	15	7	6	5	2	2	1							87	
	21	5	7	9	14	11	14	21	7	6	5	4	2	1		1				107	
	75th	20	7	13	12	18	18	19	30	11	6	3	1	2				1		141	
	19	3	10	21	20	30	27	39	24	10	4	1	1	1	2	1				194	
	18	5	8	9	16	20	28	31	22	8	5	6	1	1	2	2				164	
	50th	17	5	12	14	22	22	39	34	24	8	9	7	3	1	5				205	
	16	3	4	6	15	21	18	21	22	12	9	4	2	2	2	1				139	
	15	2	4	13	12	18	23	21	12	9	6	2	2	2	2	1				127	
	25th	14	1	3	4	7	11	17	20	13	10	9	3	3	2		2			105	
	13	2	1	11	9	9	14	12	13	14	5	6	1	4	2	2	2			107	
	12	1	5	3	5	10	7	14	7	11	5	10	4	4			1			87	
	11	1		2	4	3	5	9	5	1	4	1	1	3		1		1		41	
	10		2		4	3	4	9	4	1	4	3	5	1	2	3	1	1		47	
	9			2		4	2	5	3	1	1	3	1	3	1	3				29	
	8	2	2	4	1	3	1	2	2	6	2	2			1	4				32	
	7			2	3		4	1	2	2	1	2	1	2	2					22	
	6				2		1		2	1	1			2	1			1		11	
	5	1			1	1	1			1		3				1				9	
4															1				1		
3								1						1					2		
2											1								1		
1																			0		
0																			0		
N	58	92	150	185	213	244	284	184	116	77	62	31	29	21	21	5	4	0	0	1776	



SEHS-P (Brief) x M&Ms (Brief) Response Array Tracking Sheet

		Me and My School (Brief)																								
		0	1	2	25th	3	4	50th	5	6	7	75th	8	9	10	11	12	13	14	15	16	17	18	N		
Social Emotional Health Survey Primary (Brief)	24																									
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	N																									



Original Source

Furlong, M. J., You, S., Renshaw, T. L., O'Malley, M. D., & Rebelez, J. (2013). Preliminary development of the Positive Experiences at School Scale for elementary school children. *Child Indicators Research*, 6, 753–775. <http://link.springer.com/article/10.1007/s12187-013-9193-7>

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